



Newsletter

30th January 2026



Dear Parents and Carers of Greenleas School,
It is finally the end of January! Please look out for the booking link for your upcoming parent consultation and sign up for a slot. These will be happening the week before half term, and you will receive your child's interim report a few days before to support your discussions.

The unsung hero of Nightingales was Lily, who came and enjoyed a cup of hot chocolate with me in my office before heading back to class.

On Wednesday I enjoyed eating my lunch with children from Key Stage 2 at Kestrel Way. We talked about the various different flavours of Jaffa Cakes, (including some rather spicy ones), but that the originals were the best. It was also lovely to hear how much enjoyment the children were still getting from their Christmas presents, a month later on. Christmas Dinner still remains everyone's favourite part of the celebrations!

Don't forget to share your views about school uniform with your parent forum rep ahead of our next meetings. We've noticed quite a wide interpretation of school uniform, and this does not prepare children well for middle school, where a full, correct uniform is expected and checked every day. We are always interested to hear what you have to say.

Our Hot Writes this week are from Zidane and Adela from Year 1 at Derwent Road and Kestrel Way.

Please note we will be closing slightly earlier on the last day of term at 1.15pm on Friday March 27th and Friday July 17th. We are giving advance notice so that you have time to make collection arrangements if needed, as there will be no After School Club. This change is to bring us in line with other local schools and the middle schools.

With best wishes for the weekend.

Rebecca Clarke,
Head Teacher



Greenleas' Value of the Month for February is...

Caring

Caring is not just about doing something. You can be caring with your thoughts and spend time with someone. You can be caring by giving someone a smile or a hug, especially when they really need it.

Sometimes, some people feel that caring means spending a lot of money that they maybe don't have. Homemade presents are cheaper and often appreciated more because you have been generous with your time and really thought about your gift.

Sometimes you might think that the person you want to share with already has a lot of things. Instead you could be caring and use your money to buy books for children in Africa, a goat for a poor family, donate some money to charity. All of these things are ways of showing that you care.

Star of the Week

Derwent Road:
Luna
Kestrel Way:
Riley



Tidy Tortoise

Derwent Road:

Doves

Kestrel Way:

Sandpipers



Click the icon to visit our school social media channels.



Hot Write	8.12.25	Personal Recount - Tring Museum	
I have...	Steps to Success		
used my sentences out loud	used my phonics to spell	read my work	
used finger spaces	used my feedback from last week	used capital letters and full stops in most of my sentences	
used some capital letters			
used some full stops			
Teacher Assessment			
Composed sentences orally and in writing			
Used finger spaces			
To form letters correctly and sit them on the line			
Punctuated some sentences with capital letters and full stops			
Used phonics knowledge to spell words			
Acted on feedback from previous writing			
		✓ capitals + full stops	

I went to Tring Museum.
 I went on the coach. I
 looked at the Serpents. I
 heard toting. I looked at
 the crocodiles. I loved
 my pacionch. I felt idsideid.

9.12.25

My trip to Tring Museum.

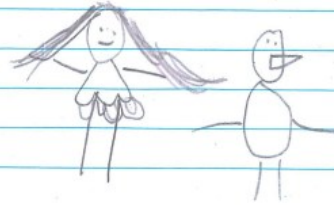
I sat with Dilara.
 We look at a tiger.
 My favourite animal is gold
 bird.

We went to the work shop.

I eat a sandwich and a chocolate.

We went back to school.

j j j h h h



Greenleas School is delighted to welcome author and
 illustrator

Yuval Zommer

to our school

12th March 2026

book

Book Leighton Buzzard
 3 High Street Mews, LU7 1EA
 fb/ insta: @bookleightonbuzzard



Birth to 5 years

YOUR TIPS FOR A HEALTHIER SCREEN TIME

'Studies have shown that too much screen time can cause babies and toddlers to **learn fewer words** and have **slower language development**. Excessive use of screens is also being strongly linked to **behavioural difficulties** in very young children.'



0 - 24 months



2 - 5 year olds



Bigger is better

Watching lots of short videos is being linked to concentration difficulties in children.



Try a cuddle or a game



Phones, tablets and computers should not be in any child's bedroom overnight.

RECOMMENDATIONS:

- 1 NO screen time** between birth - 24 months except for video chatting with family and friends.
- 2 30 MINS screen time.** Children aged 2 - 5 years old should not be on screens for more than 30 mins per day.
- 3 BIGGER screens.** If your child is ready to play a short game then try to use a larger screen like a **tablet or computer screen**. These cause less visual strain than a phone.
- 4 AVOID** using a device to settle your child down. Evidence shows this makes their anger and frustration worse in later life. **Instead try a book, a game outdoors, or just a cuddle.**
- 5 *SLEEP HYGIENE.** Under 5s should **not use a screen** for at least 2 HOURS BEFORE BEDTIME, to aid their natural sleep pattern.

*SLEEP HYGIENE' is a term used for healthy habits and behaviours that help support a good night's sleep.



HEALTH PROFESSIONALS FOR SAFER SCREENS

Accepted by NHS England
Mental Health Leads

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FEBRUARY CAMP

3 COURSES

50+ ACTIVITIES

CHOOSE FROM

1. FUTURE FOOTBALL
2. FUTURE SPORTS (MULTI SPORT)
3. FUTURE STARZ



FEB

Dates

MONDAY 16TH - FRIDAY 20TH FEBRUARY

Times

8.30AM TO 4PM

Extra Time

8AM - 4PM
5.30PM

Day pass £27.50

Week Pass £130

8am drop £3

5.30pm stay £6

Activities

- ✓ 3G Pitch
- ✓ Sports Halls
- ✓ Qualified Coaches
- ✓ Ofsted registered
- ✓ Established 15 years

Cedars Upper School

Mentmore Road, Leighton Buzzard, LU7 2AE

Book online www.tfgcamps.com



TFG10 for 10% off! (exp 6/2/26)

More Information www.tfgcamps.com hello@tfgcamps.com





CHOOSE FROM

FUTURE FOOTBALL: IMPROVE YOUR SKILLS WITH OUR FA COACHES. PLAYERS WILL FOCUS ON SKILL DEVELOPMENT AND FUN SMALL SIDED MATCHES AND TEAM CHALLENGES! WITH TOP EQUIPMENT LIKE TARGET NETS, SPEED RADAR, REBOUND WALLS, REBOUND NETS, FOOTBALL MANNINGJINS AND MORE! ALL ON A 3G FOOTBALL PITCH ALSO CHANCE TO HAVE A GO ON OUR FOOTBALL INFLATABLES - DARTS, POOL, TARGET AND BOWLING!

FUTURE SPORTS: FUN, SAFE ACTIVITIES INCLUDING: 60FT INFLATABLE OBSTACLE COURSE, INFLATABLE WRECKING BALL CHALLENGE, LASER TAG, QUIDDITCH, SCOOTERS, STREET SURFING, GO-KARTS, ARCHERY, NERF WARS, BALL GAMES, INDOOR CURLING, TENNIS, TRI GOLF, KWIK CRICKET, ROLLERS, ATHLETICS, OUTDOOR & ADVENTURE AND MORE! WITH USE OF A LARGE FIELD, PLAYGROUND, 3G AND SPORTS HALL!


FUTURE STARZ: CREATIVE, FUN ACTIVITIES INCLUDING: STREET DANCE, CHEER DANCE, DISCO DANCE, MUSICAL DANCE, DRAMA, DAILY ENRICHMENT ACTIVITY, ARTS & CRAFTS, OUTDOOR NATURE EXPLORERS AND OUTDOOR YOGA. WITH THE USE OF A LARGE HALL AND LARGE FIELD!





Certificates TFG branded prizes

Sports Star Awards 50+ ACTIVITIES Daily prizes

- Please book online before your child's first day.
- Packed lunch, snacks and drinks are required.
- **Please note: all TFG Camps are nut-free zones**
- Sessions that are not attended are still charged unless 10 days notice is given.
- Booking is acceptance of our full terms and conditions found at www.tfgcamps.com





More Information www.tfgcamps.com hello@tfgcamps.com

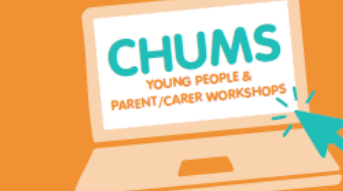
Kestrel Way PTA

Pre-loved School Uniform and costume Sale

Friday 30th January
3:15-4pm
Under the shelter by the office

Please bring cash, items start from £1 each





CHUMS
YOUNG PEOPLE &
PARENT/CARER WORKSHOPS

Our online workshops are designed as a starting point for families with children who have low level difficulties. These are one-off 2-hour sessions conducted virtually via Microsoft teams.

Please note these workshops do not support moderate/severe difficulties and will not address risky behaviours (self-harm, suicidal ideations).

PARENT ANXIETY WORKSHOP
17/2/26 @ 9:30AM - 11:30AM
(For parents of young people aged 5 - 11 years old)

One-off workshop exploring emotional development in children, emotional regulation, psychoeducation around anxiety and anxiety management strategies.

PARENT SELF-ESTEEM WORKSHOP
21/1/26 @ 9:30AM - 11:30AM
(For parents of young people aged 5 - 12 years old)

One off workshop which equips parents with an understanding of self-esteem and ways to promote high self-esteem through parenting style and collaborative activities to try at home with their young person.

11+ ANXIETY WORKSHOP
17/2/26 @ 4PM - 6PM
(For young people aged 11+, parents also welcome to attend)

This single psychoeducation session explores emotional development in children, emotional regulation, and focuses on anxiety and anxiety management strategies.

PARENTAL SEPARATION WORKSHOP
3/2/26 @ 9:30AM - 11:30AM
(For parents of young people aged 5 - 11 years old)

One-off Workshop that explores the following topics: Common child responses to separation, emotional regulation, potential disruptive behaviour problems + techniques to manage them and identifying worries in young people and how to work through these.

BEHAVIOUR WORKSHOPS
9/2/26 @ 9:30AM - 11:30AM
25/2/26 @ 1PM - 3PM
(For parents of young people aged 5-11 years old)

A one-off workshop that covers the following topics: Emotional development in children, emotional regulation, common behaviour difficulties and strategies to promote positive behaviours.

MENTAL HEALTH AND STIGMA WORKSHOP
12/2/26 @ 4PM - 6PM
(For young people aged 12+, parents also welcome to attend)

One off workshop for young people focusing on mental health awareness and stigma. Follows a range of topics including puberty, male mental health, LGBTQ+, ethnicity and social media.

RESILIENCY WORKSHOPS

<p>0-5 YEARS 2/3/26 @ 9:30AM - 11:30AM <i>(For parents of children aged 0-5 years old)</i></p> <p>This single psychoeducation session explores the importance of relationships, healthy attachments, emotional regulation and anxiety. You will learn evidence based behavioural strategies to help your child thrive.</p>	<p>PRIMARY 16/3/26 @ 1PM - 3PM <i>(For parents of children aged 5 - 11 years old)</i></p> <p>This single session explores relevant child development including and provides psychoeducation on mental health vs mental health problems, emotional regulation, anxiety and low mood. You will leave with a greater understanding of your child's needs and armed with strategies to build their resilience.</p>	<p>SECONDARY 30/3/26 @ 5PM - 7PM <i>(For young people aged 12 - 16 years, parents also welcome to attend)</i></p> <p>One-off Workshop that Explores the following topics: mental health vs mental health problems, emotional regulation, psychoeducation on anxiety and low mood, strategies for relaxation with strategies to build their resilience.</p>
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PARENT SLEEP WORKSHOP
25/3/26 @ 9:30AM - 11:30AM
(For parents of young people aged 4-12 years old)

One-off workshop exploring why sleep is important, what is 'good' sleep, sleep hygiene tips, and strategies for managing worries at night.

EXAM STRESS WORKSHOPS
14/4/26 @ 4PM - 6PM
29/4/26 @ 4PM - 6PM
(For young people aged 12+ and parents)

One off workshop which equips teenagers with an understanding of exam stress, strategies for managing exam stress, revision tips and self-care. The workshop also offers parental tips for supporting their adolescent's exam stress.

To register for any of our workshops, please fill in the standard referral form in the 'Any other relevant information' section, state that the referral is for a workshop and include the workshop date.

<https://chums.uk.com/emotional-wellbeing-service/#workshops>

Avoidance Support Group

Peer support with people who truly get it.

For parents and carers who are going through demand challenges

School Refusal
Anxiety
PDA
Autism
ADHD

Wednesday 4th February 11am - 12:30pm
Freddie & Friends - Pages Park Pavillion

Feel free just to pop along, or for further information contact info@freddiefriends.org

Free to attend - No referral needed



Raise funds for us for FREE

with **easyfundraising**

Join as our supporter today at:
www.easyfundraising.org.uk/support-a-good-cause
Just search for:
PTA Greenleas School, Kestrel Way

8,000+ retailers will donate to us whenever you shop with them

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Plus, you'll get...

Exclusive retailer offers | Competitions | A warm feeling inside!

Over **£60m** raised for UK good causes | **£0** extra cost to anyone



Greenleas PTA

30/01/2026

Dear all,

Easyfundraising.org.uk

The PTA have managed to sign up to the easyfundraising.org.uk website and create an account that all of you would be able to follow and support, should you wish.

What is it?

Over 8000 retailers have gathered together to support charities by providing a small amount of funds every time someone who is an easyfundraiser purchases items from a retailer via their site or app.

How it works...

You can either download their app or access their website. You can identify which charity you wish to support and then select the retailer you wish to use and continue shopping as usual.



You can sign up as either an individual or as a business who wishes to provide their support. There is no extra cost to yourself and the retailer will donate money based on your spendings, to the charity of your choice.

Where can I shop?

Over 8000 online retailers are involved. These include: Amazon, John Lewis, Tesco, Sainsbury, Morrisons, Asda and more!

Want to know more? Don't hesitate to reach out 😊

PTA at Greenleas School, Kestrel Way

Greenleas School PTA, Kestrel Way, Leighton Buzzard, Bedfordshire, LU7 4WZ
ptakw@greenleas.net | Charity Number: 1194655



GREENLEAS SCHOOL KESTREL WAY ART CLUB!

A friendly club where children make, build and create wonderful artwork to take home and treasure.

Wednesdays 3:30 – 4:30pm

25th February – 25th March 2026 (5 sessions)

Open to children in Years 2 – 4

£43.75 – including all materials

Bookings open Friday 6th February at 7pm.

Please visit: www.bookwhen.com/loveartandcraft

**Ceramics, Collage,
Painting,
Printmaking,
Model-Making and
much more!**

**Improves fine
motor skills,
creativity,
confidence and
practical problem
solving**

**Lots of support
and
encouragement
from our friendly
professional tutors**

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Phone: 07967332068

www.loveartandcraft.co.uk



GREENLEAS SCHOOL DERWENT ROAD ART CLUB!

A friendly club where children make, build and create wonderful artwork to take home and treasure.

Tuesdays 3:30 – 4:30pm

24th February – 24th March 2026 (5 sessions)

Open to children in Years 2 – 4

£43.75 – including all materials

Bookings open Friday 6th February at 7pm.

Please visit: www.bookwhen.com/loveartandcraft

**Ceramics, Collage,
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