



Newsletter

23rd January 2026



Dear Parents and Carers of Greenleas School,
This week I enjoyed lunch with children from Key Stage 1 at Derwent Road, including Fearne, Ariya, Andrei, Esmee, Marie, Isla and Annabelle.

The children were buzzing with the excitement of Magical Maths day on Wednesday, and were full of the morning's activities. These included constructing different kinds of prisms, mathematical

junk modelling, and filling a jug of water with marbles until it overflowed.

The unsung hero of Plovers was Zach, who came and enjoyed a cup of hot chocolate with me in my office before heading into his PE lesson on Monday.

This week we have a colourful Hot Write from Annabelle in Year 2 at Derwent Road.

On Wednesday we met as an extended SLT. This is a leadership meeting which includes the Phase Leaders from both sites, and one of our topics for discussion was around school uniform as we have noticed that there quite a wide interpretation of this, and many children are wearing colours other than bottle green and grey. We will be renewing the school uniform policy in the near future, and this will be our topic of discussion at the next parent forum, so if you have any opinions, please do share them with your parent forum representative.

With best wishes for the weekend.

Rebecca Clarke,
Head Teacher



Greenleas' Value of the Month for January is...

Trust

Trust is a really important value. It must be earned. If we do not trust someone it is very hard to build a good friendship with them.

Talk to your children about:

- People who you know that are trustworthy.
- Practical ways that we can show others that we are trustworthy

Why it is important to be able to trust others when working together as a team "Trusting someone is like knowing you can jump and they will be there to catch you".

Star of the Week

Derwent Road:
Kaeden
Kestrel Way:
Nojus



Tidy Tortoise

Derwent Road:
Falcons
Kestrel Way:
Goldfinches



Click the icon to visit our school social media channels.



LD - To write a set of instructions

How To Hide A Goos At home

You will need

- trousers and a top
- sun glasses
- a hat
- a beard

1. First you must sneak your goos in the trouseres and top gently & jenterly.


2. Next you must check there is not a gap inbutween your top and trouseres and then put it on your bet beb skub bed


3. ~~then~~ Then guide them behind the thr bin for extra cover. Then you must put your hat and beard on.

4. If you need more space try behind the lamp. Tell your goos to control his squarcking!

5. Last leave your goos when it in your room When diner is redy.

I have...		Hot Write - Cycle 3 Non-Fiction (Instructions)	
	read my work	✓	Included a subject (who or what) and a verb in my sentence ✓
	used capital letters	✓	used punctuation ✓
	carefully formed my letters	✓	<u>dog</u> <u>ing</u> <u>catch</u> written my letters on the line ✓



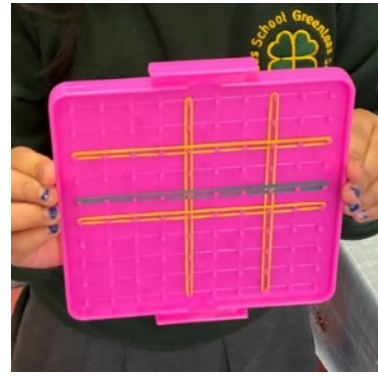
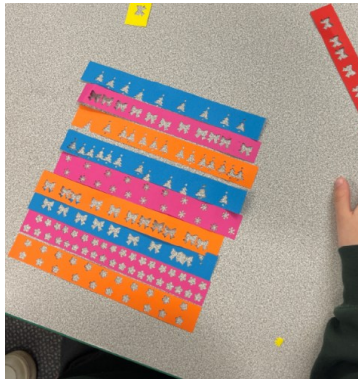
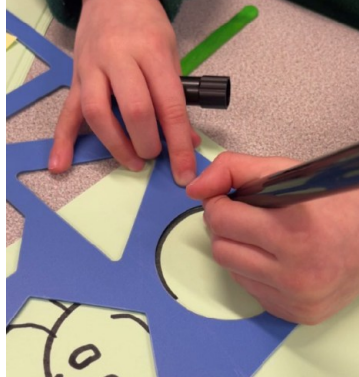
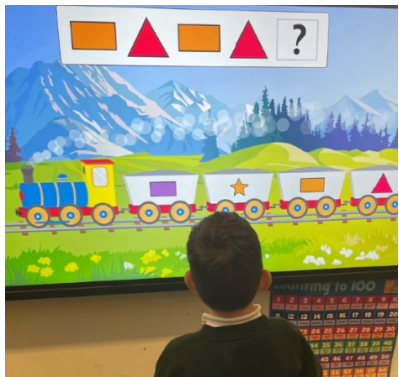
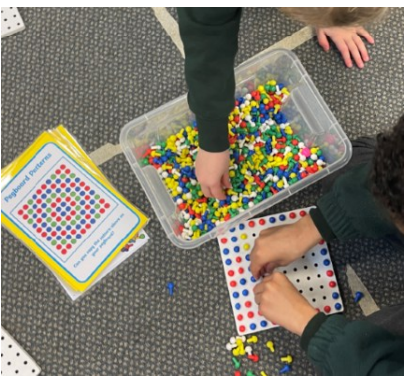
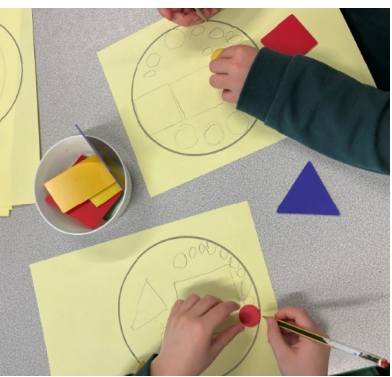
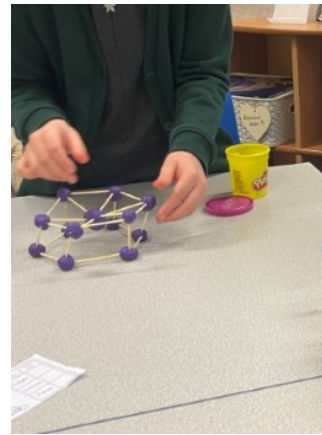
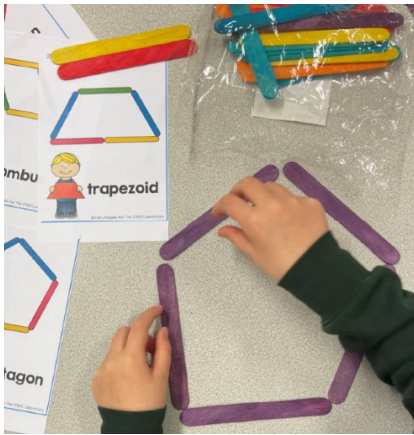
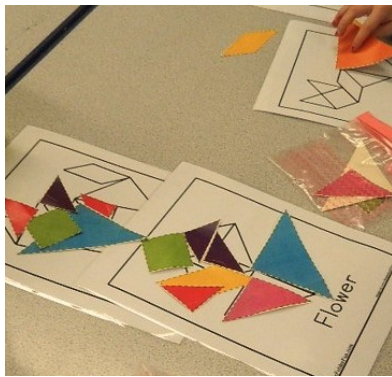
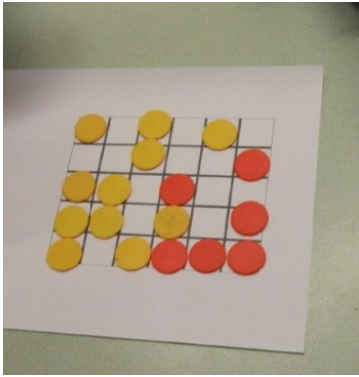
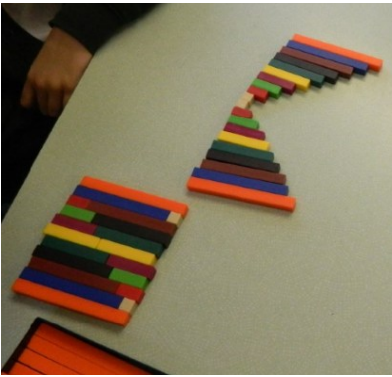
Greenleas School is delighted to welcome author and
illustrator

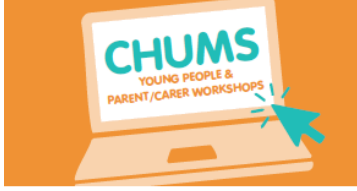
Yuval Zommer

to our school

12th March 2026

Book Leighton Buzzard
3 High Street Mews, LU7 1EA
fb/ insta: @bookleightonbuzzard





CHUMS
YOUNG PEOPLE &
PARENT/CARER WORKSHOPS

Our online workshops are designed as a starting point for families with children who have low level difficulties. These are one-off 2-hour sessions conducted virtually via Microsoft teams.

Please note these workshops do not support moderate/severe difficulties and will not address risky behaviours (self-harm, suicidal ideations).

PARENT ANXIETY WORKSHOP
17/2/26 @ 9:30AM - 11:30AM
(For parents of young people aged 6 - 11 years old)

One-off workshop exploring emotional development in children, emotional regulation, psychoeducation around anxiety and anxiety management strategies.

PARENT SELF-ESTEEM WORKSHOP
21/1/26 @ 9:30AM - 11:30AM
(For parents of young people aged 6 - 12 years old)

One off workshop which equips parents with an understanding of self-esteem and ways to promote high self-esteem through parenting style and collaborative activities to try at home with their young person.

11+ ANXIETY WORKSHOP
17/2/26 @ 4PM - 6PM
(For young people aged 11+, parents also welcome to attend)

This single psychoeducation session explores emotional development in children, emotional regulation, and focuses on anxiety and anxiety management strategies.

PARENTAL SEPARATION WORKSHOP
3/2/26 @ 9:30AM - 11:30AM
(For parents of young people aged 6 - 11 years old)

One-off Workshop that explores the following topics: Common child responses to separation, emotional regulation, potential disruptive behaviour problems + techniques to manage them and identifying worries in young people and how to work through these.

BEHAVIOUR WORKSHOPS
9/2/26 @ 9:30AM - 11:30AM
25/2/26 @ 1PM - 3PM
(For parents of young people aged 8-11 years old)

A one-off workshop that covers the following topics: Emotional development in children, emotional regulation, common behaviour difficulties and strategies to promote positive behaviours.

MENTAL HEALTH AND STIGMA WORKSHOP
12/2/26 @ 4PM - 6PM
(For young people aged 12+, parents also welcome to attend)

One off workshop for young people focusing on mental health awareness and stigma. Follows a range of topics including puberty, male mental health, LGBTQ+, ethnicity and social media.

RESILIENCY WORKSHOPS

<p>0-5 YEARS 2/3/26 @ 9:30AM - 11:30AM <i>(For parents of children aged 0-5 years old)</i></p> <p>This single psychoeducation session explores the importance of relationships, healthy attachments, emotional regulation and anxiety. You will learn evidence based behavioural strategies to help your child thrive.</p>	<p>PRIMARY 16/3/26 @ 1PM - 3PM <i>(For parents of children aged 6 - 11 years old)</i></p> <p>This single session explores relevant child development including and provides psychoeducation on mental health vs mental health problems, emotional regulation, anxiety and low mood. You will leave with a greater understanding of your child's needs and armed with strategies to build their resilience.</p>	<p>SECONDARY 30/3/26 @ 5PM - 7PM <i>(For young people aged 12 - 16 years, parents also welcome to attend)</i></p> <p>One-off Workshop that Explores the following topics: mental health vs mental health problems, emotional regulation, psychoeducation on anxiety and low mood, strategies for relaxation with strategies to build their resilience.</p>
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PARENT SLEEP WORKSHOP
25/3/26 @ 9:30AM - 11:30AM
(For parents of young people aged 4-12 years old)

One-off workshop exploring why sleep is important, what is 'good' sleep, sleep hygiene tips, and strategies for managing worries at night.

EXAM STRESS WORKSHOPS
14/4/26 @ 4PM - 6PM
29/4/26 @ 4PM - 6PM
(For young people aged 12+ and parents)

One off workshop which equips teenagers with an understanding of exam stress, strategies for managing exam stress, revision tips and self-care. The workshop also offers parental tips for supporting their adolescent's exam stress.

To register for any of our workshops, please fill in the standard referral form in the 'Any other relevant information' section, state that the referral is for a workshop and include the workshop date.

<https://chums.uk.com/emotional-wellbeing-service/#workshops>

Kestrel Way PTA

Pre-loved School Uniform and Costume Sale

Friday 30th January
3:15-4pm
Under the shelter by the office
Please bring cash, items start from £1 each



Greenleas PTA

January 2025

Dear all,

You may have noticed that there is a **NEW Clothes Recycling Bin** outside of the school. Due to our previous bin being consistently overflowing, a larger bin has been requested.



For those who may not be aware, Kestrel Way PTA receive donations for every tonne this bin provides 😊

Can you please help us by...

- Letting people know this bin exists
- Following the instructions on this bin regarding what it can and cannot take
- Ensure items for the bin are sealed in a plastic bag
- Split items up and place into **small** bags opposed to large sacks (to prevent blockage)
- Keep the area of the bin as tidy as possible – if it is full, please avoid leaving bags laying on the floor by the bin as they often get soggy and soiled. *(Note: Alternative bins can be located in Tesco car park, Morrisons, LB Fire Station and Baker Street car park should someone require one).*
- If you notice the bin is full, please contact the school office or email the PTA at: ptwkw@greenleas.net

Thank you for your continued support!

Best wishes,
Greenleas School, Kestrel Way PTA

<p>YES PLEASE</p> <ul style="list-style-type: none"> Challenging Towels Shirts Coats Shoes Sleeping bags 	<p>NO THANKS</p> <ul style="list-style-type: none"> Solded rag Carpet Rugs Glass Metals Plastic Wool
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Greenleas School PTA, Kestrel Way, Leighton Buzzard, Bedfordshire, LU7 4WZ
ptakw@greenleas.net | Charity Number: 1194655

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