Greenleas School

9th October 2026

Year 4 - Bikeability

Dear Year 4 Parents and Carers,

As part of our commitment to promoting healthy, active lifestyles and developing important cycling skills, we are delighted to offer every Year 4 pupil the opportunity to take part in a Bikeability Level 1 Cycle Training Course next half term.

What is Bikeability Level 1?

Bikeability Level 1 is a fun, interactive 2-hour cycling session that teaches children valuable bike-handling skills through a range of games and activities. The course helps children develop confidence and control on their bikes and prepares them for the skills needed to progress to Bikeability Level 2 road training, which they may be offered in the future when at middle school.

Course Dates:
The training sessions will take place on (QR codes at the end of the letter):

Tuesday 10th November 2026 – Level 1
Tuesday 17th November 2026 – Level 1
Tuesday 24th November 2026 – Level 1
Tuesday 1st December 2026 – Level 1
Tuesday 8th December 2026 – Level 1
Tuesday 15th December 2026 – Learn2Ride

Booking a Session
To provide families with flexibility, there will be a number of sessions available across the half term. **Parents only need to sign their child up for ONE session.** This is the **only session for which your child will need to bring their bike into school.**

Please note:

- Sessions will be allocated on a first-come, first-served basis.
- Once a session is full, the QR code will no longer allow bookings for that session.
- If your preferred session is full, please select an alternative available session.
- After scanning the QR code, you **must complete the permission forms** to confirm your child's place.

Headteacher:
Mrs Rebecca Clarke

Co-Chair of Governors:
Mr James Emm & Mrs Gemma Kintas

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www.greenleas.net

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Course Requirements:

Children taking part must:

- Be able to ride a bike.
- Bring a well-maintained bike that is the correct size for them.
- Wear a helmet.
- Dress appropriately for the weather conditions on the day – children should wear their school uniform as usual but may need waterproofs if the weather is predicted to be raining.

On the day of their Bikeability session, children should leave their bike **outside the Year 4 classrooms against the green fence**. The Bikeability instructor will carry out a **free bike safety check** before the session begins.

Learn2Ride Session:
If your child is unable to ride a bike independently and requires significant support, we will also be offering a **Learn2Ride** session during the final session of the half term (Tuesday 15th December). This session is specifically designed for complete beginners and is limited to **6 places**.

We are looking forward to giving our pupils the opportunity to develop their cycling skills and confidence. If you have any further questions, then please do not hesitate to contact me through the school office.

Thank You

Tom Pearce
PE Subject Leader

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These are the QR codes to sign up for ONE session. Please ensure you choose the correct QR code for the date you would like your child to participate. There is only one QR code allocated for each date. The session on the 15/12/26 is for learn2ride children only.

Session type and date	QR code	Link
Level1 Derwent Road **10/11/26**	Greenleas-Leighton Buzzard	https://consent.bikeability.org.uk/yep-just-earth
Level 1 Derwent Road **17/11/26**	Greenleas-Leighton Buzzard	https://consent.bikeability.org.uk/our-roman-van
Level 1 Derwent Road **24/11/26**	Greenleas-Leighton Buzzard	https://consent.bikeability.org.uk/rev-teeth-held
Level 1 Derwent Road **1/12/26**	Greenleas-Leighton Buzzard	https://consent.bikeability.org.uk/sit-last-hon
Level 1 Derwent Road **8/12/26**	Greenleas-Leighton Buzzard	https://consent.bikeability.org.uk/easy-lay-event
Learn2Ride only **15/12/26**	Greenleas-Leighton Buzzard	https://consent.bikeability.org.uk/pilot-week-meant

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