



Newsletter

2nd October 2026



Dear Parents and Carers of Greenleas School,

This week the NHS have been on site at Derwent Road administering the flu vaccine via nasal spray ahead of the season of coughs and colds. Due to technical issues, the Immunisation Team were unable to attend the Kestrel Way site, but we are awaiting a new date for this and will let parents know as soon as we receive this.

Our intrepid Year 3 children have been out on a Geography Field trip in the local area. This is to help them triangulate their understanding of maps, to take measurements, to look out for human and physical features, and to get a sense of compass directions.

This week I had lunch with children from KS2 at Kestrel Way. Nova, Camille, Sophie, Isaac, Nyah, Anya and I chatted about what it would be like to have hair long enough to sit on, and which was our favourite football team. The children impressed me with their knowledge of the British Isles, and we discussed our favourite sports and getting injured doing them.

I also had the pleasure of enjoying a cup of hot chocolate with Cassie from Eagles. Cassie is the unsung hero of her class, and we chatted about her older siblings, all of whom attended Greenleas, and how many different places her family have lived.

Our annual Harvest Food drive begins next week, where we invite you to donate food items which will be collected by Leighton Linslade helpers for distribution to families who are struggling with food poverty.

With best wishes for the weekend.

Rebecca Clarke,
Head Teacher

Greenleas' Value of the Month for October is...

Unity

The state of being united or joined as a whole.

"We cannot be separated in interest or divided in purpose. We stand together, until the end."

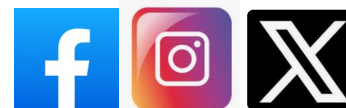
Star of the Week

Derwent Road:
Lorcan
Kestrel Way:
Carla



Tidy Tortoise

Derwent Road:
Kestrels



Safeguarding Matters

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to help an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of our games which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about ROBLOX

Roblox is one of the most popular video games on the market. By 2020, the game's makers were claiming that more than half of children in the USA play it. As a 'sandbox' title, Roblox offers a huge amount of creative freedom: it lets players create their own gaming experiences with the Roblox Studio to build custom levels and games, which can then be shared with other players online. Roblox fosters creative thinking and enjoys a robust online community of fans.

WHAT ARE THE RISKS?

CONTACT WITH STRANGERS
Roblox encourages players to communicate online (including a group chat facility). This could expose children to risks such as scammers, online predators, harassment, griefers and more. The in-game chat has some filters, but isn't perfect: players can still send harmful messages to others – such as scam links or general hostility – while predators can reach out to children directly.

ONLINE DATERS
These are also called 'ODers' and are quite common in Roblox. An ODer is an individual who joins a game with the intention of finding someone to date online – and eventually meet in person. Such online dating is against the Roblox community guidelines, but this usually doesn't deter ODers. Some player-built Roblox game worlds have even been designed with online dating specifically in mind.

PUBLIC SERVERS
Roblox has private or VIP servers which allow people to play exclusively with their friends, but this costs money. Most Roblox players will instead be on public servers that anyone can join. Servers can host games which focus on all kinds of aspects, including direct player interaction, game games and servers, therefore, will put children more at risk of contact from strangers than others.

IN-APP PURCHASES
Roblox is actually free to download and play, but bear in mind that there are some hidden costs. Players are encouraged to make purchases in the game, for example, using real money. People can also buy extra Robux (the in-game currency) to spend on cosmetic items in the game, while it is possible to purchase a private or VIP server.

Advice for Parents & Carers

SET PARENTAL CONTROLS
Roblox comes with several parental control options, which are explained well on the game's official website. It's essential to enter the correct date of birth for your child, as that allows Roblox to automatically apply the appropriate chat filters. The game also allows parents and carers to set monthly spending restrictions and monitor their child's account.

DISABLE PRIVATE MESSAGING
Roblox's private messaging function raises the risk of children being contacted by people they may not want to speak with – potentially leading to bullying, harassment, toxicity and scam attempts. The game allows you to disable messages from anyone who hasn't been added as a friend on your child's account.

PRIVATE SERVERS
If your child has some genuine friends to play Roblox online with, paying for a private or VIP server decreases the risk of contact from strangers. Even then, however, some players could invite other people – who might not necessarily be child friendly – into the private server. If your child is a Roblox fan, it's important to talk with them regularly about who they are playing the game with.

MONITOR SPENDING
If they don't understand they're using real money, it's easy for children to accidentally spend a sizeable amount in the game. Using parental controls to place limits on their spending will help avoid any nasty financial surprises. Ensuring that you have two-factor authentication on your payment accounts also makes it harder for your child to spend money inadvertently.

DEALING WITH STRANGERS
At some point in their development, your child will need to learn how to deal with strangers online. Show them how to block and report any users who are upsetting them or asking uncomfortable questions. Talking to them about what's OK to discuss – and what they should never tell a stranger online – will help them understand how to communicate with other people online safely.

Meet Our Expert
Clare Godwin (a.k.a. Lunawolf) has worked as an editor and journalist in the gaming industry since 2015, providing websites with event coverage, reviews and gaming guides. She is the owner of Lunawolf Gaming and is currently working on various gaming-related projects including game development and writing non-fiction books.

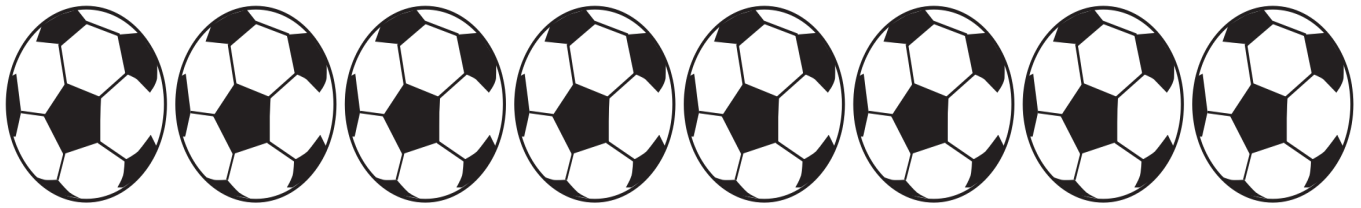
NOS National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @natorlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 07.09.2022

If you wish to report any safeguarding concerns, please contact the below staff members in the first instance:

	Designated Safeguarding Lead: Rebecca Clarke Kestrel/Derwent	Derwent Road: Sarah Horne	Derwent Road: Bindia Sexton	Derwent Road/Kestrel Way: Alexia Cook	Kestrel Way: Amanada Wallace	Dorothy Smith Safeguarding Governor
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Year 4 Football Festival Success

Last week, our Year 4 pupils took part in an exciting football festival, showcasing fantastic skill, sportsmanship and determination throughout both days of the competition.

In the boys' tournament, it was an all-Greenleas final, as Kestrel Way faced Derwent Road in a closely contested match. Both teams played brilliantly, but Kestrel Way edged a thrilling encounter to secure a 2-1 victory and lift the trophy.

The girls' team from Derwent Road were simply outstanding, winning every single match they played and storming to victory to become overall tournament champions. Their excellent teamwork, commitment and positive attitude were evident in every game.

Across both competitions, all of our players represented the school superbly, demonstrating great teamwork, passion and determination. We are incredibly proud of every child who took part and congratulate all of our teams on their fantastic achievements.



HARVEST FOOD DRIVE

5TH - 15TH OCTOBER

We are collecting non-perishable food items to support families in our local area.

PLEASE DONATE:

- ♥ Tins
- ♥ Pasta
- ♥ Rice
- ♥ Sauces
- ♥ and other non-perishable food items



Please send any donations in with your child.



Linslade helpers will collect all items on **16TH OCTOBER.**

Any items are appreciated and will help families in the local area.

PEDAL MORE



POLLUTE LESS



Take a step (or pedal) in the right direction and join Cycle to School Week, 05-09 October 2026!

More cycles means fewer cars. Which means cleaner air, less traffic, and a happier town.
cycletoschoolweek.co.uk

Supported by



NatWest
Rooster Money

CYCLE TO



SCHOOL WEEK

2026

Transfer to Starting School 2027

Central Bedfordshire



Beadesert Lower School, Lewis Turner, AGE 8

Was your child born between 1 September 2022 and 31 August 2023?

They will start school in September 2027, so you need to apply for a school place by 15 January 2027.

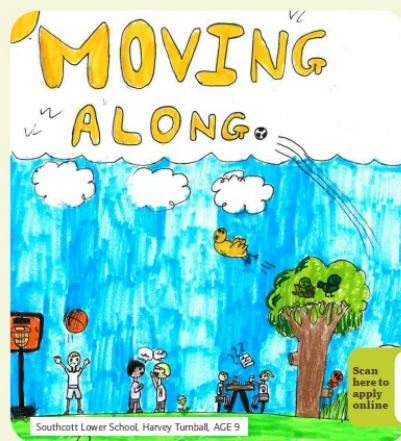
Apply online at www.centralbedfordshire.gov.uk/admissions

You can also complete a paper application form by downloading it from our website or by contacting School Admissions @ admissions@centralbedfordshire.gov.uk 0300 300 8000

A great place to live and work.

Transfer to Junior/Middle 2027

Central Bedfordshire



Southcott Lower School, Harvey Turnbull, AGE 9

Is your child due to start Junior/Middle School in September 2027?

Then you need to apply for a school place by 15 January 2027.

Apply online at www.centralbedfordshire.gov.uk/admissions

You can also complete a paper application form by downloading it from our website or by contacting School Admissions @ admissions@centralbedfordshire.gov.uk 0300 300 8000

A great place to live and work.

Make music. Make friends. Be inspired.

Discover our fun and friendly after-school and Saturday music groups in Central Bedfordshire.

Whether you're just starting out or already play, there's something for everyone — from singing and bands to strings, brass, keyboard, folk group and more.

In all our sessions you can:

- ♪ learn new skills
- ♪ build confidence
- ♪ make friends
- ♪ perform and progress

Scan to find your local group and start your musical journey today



inspiring music
Central Bedfordshire Music Service



Supported through public funding by
ARTS COUNCIL ENGLAND



Central Bedfordshire Community Access Service

Upcoming Events

Online Workshops for Parents & Caregivers
Click on each to sign up or scan the QR code!

OCTOBER 8

Promoting Positive Body Image for Young People (11 Years +)
4-5 PM



NOVEMBER 24

Managing "Big Feelings" (5-11 years)
12-1 PM



DECEMBER 3

Supporting Mental Health and Wellbeing in Children and Young People
12-1 PM



DECEMBER 7

Managing your Child's Overwhelm during the Holidays
4-5 PM



We care
We respect
We are inclusive

NHS
East London
NHS Foundation Trust

CHUMS YOUNG PEOPLE & PARENT/CARER WORKSHOPS

Our online workshops are designed as a starting point for families with children who have low level difficulties. These are one-off 2-hour sessions conducted virtually via Microsoft teams. Please note these workshops do not support moderate/severe difficulties and will not address risky behaviours (self-harm, suicidal ideations).

ANXIETY WORKSHOPS

11+ ANXIETY
10/9/26 @ 4PM - 6PM
(For young people aged 11+, parents also welcome to attend)

This single psychoeducation session explores emotional development in children, emotional regulation, and focuses on anxiety and anxiety management strategies.

PARENT ANXIETY
21/9/26 @ 9:30AM - 11:30AM
(For parents of young people aged 5 - 11 years old)

One-off workshop exploring emotional development in children, emotional regulation, psychoeducation around anxiety and anxiety management strategies.

SLEEP WORKSHOPS

UNDER 12'S SLEEP
11/9/26 @ 9:30AM - 11:30AM
(For parents of young people aged 4 - 12 years old)

One-off workshop which focuses on why sleep is important, what is 'good' sleep, possible causes of sleep difficulties and learning strategies to overcome sleep problems.

OVER 12'S SLEEP
16/10/26 @ 3PM - 5PM
(For young people aged 13+, parents also welcome to attend)

One-off workshop which explores why sleep is important, what is 'good' sleep, sleep hygiene tips and strategies for managing worries at night.

RESILIENCY WORKSHOP
6/10/26 @ 9:30AM - 11:30AM
(For parents of young people aged 5 - 11 years old)

This single session explores relevant child development including and provides psychoeducation on mental health vs mental health problems, emotional regulation, anxiety and low mood. You will leave with a greater understanding of your child's needs and armed with strategies to build their resilience.

EXAM STRESS WORKSHOP
22/10/26 @ 4PM - 6PM
(For young people aged 12+ and parents)

One off workshop which equips teenagers with an understanding of exam stress, strategies for managing exam stress, revision tips and self-care. The workshop also offers parental tips for supporting their adolescent's exam stress.

BEHAVIOUR WORKSHOP
9/11/26 @ 9:30AM - 11:30AM
(For parents of young people aged 5-11 years old)

A one-off workshop that covers the following topics: Emotional development in children, emotional regulation, common behaviour difficulties and strategies to promote positive behaviours.

SELF-ESTEEM WORKSHOPS

TEENAGE SELF-ESTEEM
26/11/26 @ 4PM - 6PM
(For young people aged 13+, parents also welcome to attend)

One off workshop which equips teenagers with an understanding of self-esteem and tools to build confidence through thought challenging, relaxation and activities to celebrate strengths and successes. Workshop also offers parental tips for building self-esteem in adolescence.

PARENT SELF-ESTEEM
9/12/26 @ 9:30AM - 11:30AM
15/1/27 @ 9:30AM - 11:30AM
(For parents of young people aged 5 - 12 years old)

One off workshop which equips parents with an understanding of self-esteem and ways to promote high self-esteem through parenting style and collaborative activities to try at home with their young person.

DERWENT ROAD PTA NOTICEBOARD

PTA HALLOWEEN DISCO

16TH OCTOBER 2026

EARLY: 5 – 6PM/LATE: 6:15 – 7:15PM

£1.50 PER TICKET

Come and join us for a spooky time! Dancing, snacks, lucky dip and a quiet room with colouring will be available (not forgetting the bar for the adults!) Fancy dress is optional – please no masks or weapons.

Tickets are available on Arbor School Shop and will close once we reach full capacity.

All children must be accompanied by an adult and all adults and children need to purchase a ticket in advance. Every adult attending must be accompanying a child.

This event is exclusively for children currently enrolled at Greenleas. We kindly ask that for the safety of children attending, that older siblings or children that are no longer at Greenleas, do not join for this event. Thank you for understanding.

WE CANNOT RUN THIS EVENT IF WE DO NOT GET ENOUGH HELPERS. IF YOU WOULD LIKE TO VOLUNTEER, PLEASE LET YOUR CLASS REP KNOW OR EMAIL US AT: PTAFROGS@HOTMAIL.COM

PTA ADVENT CALENDAR RAFFLE

DONATIONS needed!

We're collecting advent calendar donations for this year's PTA Advent Calendar Raffle and would love your help!

We're looking for any unwanted or spare advent calendars (donations new or unused) from any brand.

Thank you!

Your support makes a big difference!

Please hand in any donations at the **OFFICE**

Please email the PTA at: ptafrogs@hotmail.com with any company contact details.

KESTREL WAY PTA NOTICEBOARD



GREENLEAS KESTREL WAY PTA Help make our Christmas Raffle amazing!

A local prize can make a big difference to our children.

CHRISTMAS RAFFLE DRAW • FRIDAY 27 NOVEMBER 2026

Could your business donate a prize for the Greenleas Kestrel Way PTA Christmas Raffle? Every gift helps us raise funds for the children and gives our school and wider community something exciting to win. This is Greenleas first main raffle for several years, so I'd love to be able to set it off with a bang!

Prize ideas

- | | |
|---|---|
| ✓ Service or gift vouchers for your company | ✓ Hampers, Gift sets or a bottle of Whiskey |
| ✓ Products you make or sell | ✓ Experiences or activities |
| ✓ Amazon, John Lewis or Tesco gift voucher | ✓ Advent Calendars (the kids love them!) |

Every donation, large or small, makes a difference!

We are being organised and compiling our prize list early. Therefore we would kindly ask if you donate a voucher with an expiry date, could you date it as close to the draw on 27th November as possible, giving the lucky winner plenty of time to use it. Remember a £20 voucher for your business, will hugely encourage people to come in and spend more!

Could you be our headline sponsor?

We are looking for one local business to donate a standout prize, such as a games console, annual zoo membership, high-value voucher or even a cash prize. This can be a tax deductible expense too! WIN WIN!!!

In return, your company name and branding would feature prominently on PTA raffle correspondence and publicity shared throughout the school community.

Think this could be you? Please do let us know, we'd be eager to discuss.

Where the money goes

Every penny raised goes back into the school community, funding extra-curricular activities, resources and opportunities that enhance the children's learning and enjoyment.

If you can donate a prize or would like to discuss sponsorship, please email ptakw@greenleas.net or call myself on the number below. We would be delighted to hear from you and will thank prize donors in our PTA publicity within school comms and via Social Media.

Thank you for helping make this first raffle a fantastic success for our children!

Kind regards,
Kathi – Vice Chair, 07850 089749
Greenleas Kestrel Way PTA
Kestrel Way, Leighton Buzzard, Bedfordshire, LU7 4WZ

Greenleas PTA

HALLOWEEN SCHOOL DISCO

Friday 16th October

★ Kestrel Way site only ★

Years R, 1 & 2 4.15pm - 5.15pm	Years 3 & 4 5.30pm - 6.30pm
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£6.50
To be paid on Arbor
by Friday 9th October

Snacks, drinks and
a treat to take home
included!

Fancy dress,
glitter, or casual
(no masks or props allowed)

LET'S DANCE!

Discos can be loud, children are welcome to bring ear defenders
to help them adjust