



Newsletter

18th September 2026



Dear Parents and Carers of Greenleas School,

Thank you for coming along to support our "Starting the New School Year" sessions this week if you were able to. The information shared will also be available via the Google Classroom, so please do have a look if you were unable to attend. Please do speak to a member of staff if you are interested in coming to volunteer in school, or if you want to be part of

the PTA.

You may be aware that we have made a slight change to the structure of our weekly timetable and we are no longer using Friday afternoon for enrichment. This is mainly due to the changes in the way that the Sports Premium Grant is being allocated, meaning that Leighton Linlade School Sports Partnership who deliver the sporting elements of our enrichment have to reapply for funding from the Spring, and so it is not clear whether they will be selected to deliver additional sport in the same way from that point. They are still coming in for the Autumn Term, but their offer is being delivered during the week rather than on a Friday. Forest School also continues this year, with each class having a set allocation over the year.

Lunch with the Head Teacher was off to a flying start on Wednesday at Kestrel Way when I had lunch with children from Y1 and Y2. Callie, Mila, Billie and Maisy sat round the table with me while we munched on our lunch and chatted about what we had done over the holidays which included a caravan holiday, a trip to Turkey, and some staycations. All were settling into their new classes well and looking forward to playtime.

This week we have a piece of writing from Isaac in Herons class.

With best wishes for the weekend.

Rebecca Clarke,
Head Teacher



Greenleas' Value of the Month for September is...

Respect

Respect is thinking about yourself and others in a positive way. Respect is thinking and acting in a way that shows others you care about their feelings.

To help deepen our children's understanding of our value of Respect this month, here are some questions you could discuss with your child at home: How can we show respect to others? To ourselves? To property?

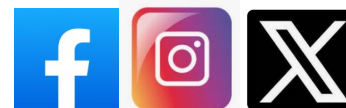
Star of the Week

Derwent Road:
Kyro
Kestrel Way:
Evie



Tidy Tortoise

Derwent Road:
Eagles



Safeguarding Matters

10 Top Tips for ... KEEPING CHILDREN SAFE FROM CYBER CRIME

We all want to continue being informed and inspired by the ever-expanding capabilities of the internet. But we also need to be able to safeguard ourselves against the growing amount of online hazards. Knowing what is fact, understanding what dangers exist and taking appropriate steps can go a long way towards protecting yourself and your family. National Online Safety has collaborated with the Yorkshire and Humber Regional Cyber Crime Unit to compile 10 pointers to help you keep your children safe from cyber crime.

- 1. Spot Phishing Bait**
Phishing messages are untargeted mass emails asking for sensitive information (e.g. usernames, passwords, bank details) or encouraging recipients to visit a fake website. It's safest to learn the warning signs of phishing and increase your child's awareness. Too good to be true? Spelling or punctuation errors? Odd sense of urgency? These are all red flags. Don't click on links or follow demands: if you're unsure, contact the official company directly online to enquire further.
- 2. Don't Over-Share**
Is your child sharing too much on social media? Do they post things about their private life, upload images of your home, or discuss their friendships and relationships online? Criminals will gather this information and may try to use it for identity theft or other offences such as fraud. To combat this, ensure your child's privacy settings mean they are only sharing information with family and close friends. Use parental controls where appropriate.
- 3. Encourage Strong Passwords**
Weak passwords make it faster and easier for someone to gain access to your online accounts or get control of your device – giving them a route to your personal information. For a strong password, national guidance recommends using three random words (e.g. bottlegaragepylons). Consider paying for your child to access a password manager. Encourage them to have a separate password for their email account. Ensure the whole family uses two-factor authentication where possible.
- 4. Stay Updated**
People often put off installing updates to apps or software because they don't feel it's necessary, it can be time consuming, or could cause problems with programmes they rely on. But updates help protect users from recently discovered vulnerabilities to malware. You can usually set them to run automatically – encourage your child to select this option. Ensure updates are installed as soon as possible after you're notified they're available.
- 5. Back up Your Data**
Some cyber attacks can lead to the theft or deletion of important (and possibly sensitive) data or loss of files (like photos and videos) that can't be replaced. Backing up your data to the cloud – or to another device – will help prevent data loss if you ever become the victim of a cyber attack. Where possible, set your child's devices to back up automatically. Also encourage them to back up their data prior to installing any updates.
- 6. Be Wary of Public Wifi**
Free public Wifi is commonplace – but it's often not secure and sends unencrypted data via the network. A hacker on the same network could access personal data (like financial information) without you even realising they'd done so. To avoid this, suggest to your child that they use their 3G or 4G mobile data when they're out and about, rather than free Wifi. Consider purchasing a VPN (Virtual Private Network) where possible.
- 7. Take Care When Chatting**
Criminals may look to manipulate others online and coerce them into using their talents or cyber skills for unethical means. Try to get your child to be open about who they are talking to online. Communication tools such as Discord are popular among gamers – but be cautious of the other people using them, and ensure you know who your child is chatting with.
- 8. Recognise Warning Signs**
Often, budding cyber experts will relish the challenge of testing themselves or earning recognition from peers for their exploits. Even principled 'white-hat' hackers will look to test their skills online. If you think your child is interested in hacking, try to understand what their motivation is. You could encourage their participation in ethical competitions such as bug bounties.
- 9. Understand Their Motivations**
Those being influenced online to use their skills unethically may display certain key warning signs. Sudden evidence of new-found wealth (unexplained new clothes or devices, for example), secrecy around their online behaviour or boasting of new online friendships are all causes for concern. If in doubt, refer through to your regional cyber crime team.
- 10. Know the Consequences**
Many young people may feel that hacking is essentially a light-hearted prank, and not especially serious. So make sure your child is aware of the implications of a conviction under the Computer Misuse Act – not only the possibility of a criminal record, but also lifelong travel restrictions and damage to their future career or educational prospects.

Produced in Partnership with
The Yorkshire & Humber Regional Cyber Crime Unit (YHROCU) works with the National Crime Agency (NCA) and other partners, in the UK and abroad, to investigate and prevent the most serious cyber crime offences.

Yorkshire & Humber
REGIONAL CYBER CRIME UNIT

National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 10.02.2021

If you wish to report any safeguarding concerns, please contact the below staff members in the first instance:

	Designated Safeguarding Lead: Rebecca Clarke Kestrel/Derwent		Derwent Road: Sarah Horne		Derwent Road: Bindia Sexton		Derwent Road/Kestrel Way: Alexia Cook		Kestrel Way: Amanada Wallace		Dorothy Smith Safeguarding Governor
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Transfer to Starting School 2027

Central Bedfordshire



Beauldesert Lower School, Lewis Turner, AGE 8



Scan here to apply

Was your child born between 1 September 2022 and 31 August 2023?

They will start school in September 2027, so you need to apply for a school place by 15 January 2027.

Apply online at www.centralbedfordshire.gov.uk/admissions

You can also complete a paper application form by downloading it from our website or by contacting School Admissions @ admissions@centralbedfordshire.gov.uk 0300 300 8000

A great place to live and work.

Transfer to Junior/Middle 2027

Central Bedfordshire



Southcott Lower School, Harvey Turnbull, AGE 9

Scan here to apply online



Is your child due to start Junior/Middle School in September 2027?

Then you need to apply for a school place by 15 January 2027.

Apply online at www.centralbedfordshire.gov.uk/admissions

You can also complete a paper application form by downloading it from our website or by contacting School Admissions @ admissions@centralbedfordshire.gov.uk 0300 300 8000

A great place to live and work.

Central Bedfordshire Community Access Service

Upcoming Events

Online Workshops for Parents & Caregivers
Click on each to sign up or scan the QR code!

OCTOBER

8

Promoting Positive Body Image for Young People (11 Years +)

4-5 PM



NOVEMBER

24

Managing "Big Feelings" (5-11 years)

12-1 PM



DECEMBER

3

Supporting Mental Health and Wellbeing in Children and Young People

12-1 PM



DECEMBER

7

Managing your Child's Overwhelm during the Holidays

4-5 PM



We care
We respect
We are inclusive

NHS
East London
NHS Foundation Trust

NOT MY CHILD

A PARENT'S GUIDE TO:

- * EXPLOITATION
- * KNIFE CRIME
- * COUNTY LINES

6:00PM - 9:00PM
THURS 24 SEPT 2026
QUEENSBURY SCHOOL
DUNSTABLE · LU6 3BU

BOOK YOUR TICKET



Central Bedfordshire



Monday 15th July Isaac

Could write 1

~~once~~^a ~~there~~ ~~both~~ once there was a man called Bobb he loved playing foot ball. He always played when he was a kid!

When he was older he got in the youth team. But... he was about to make his debut when he got injured. he was so excited it would keep him out for ages! he had broke his leg.

He was took as the pitch in a ambulance he was so sad he couldn't play for 25 weeks. Instead his friend Xhavi got injured.

24 weeks, 23 weeks, 22 weeks he still couldn't play. till eventually 2 more weeks he was still sad. but he could still see Bret and Xhavi again.

Finacy he was out they said ^{make his debut} he was gonna

How Can We Help You Prepare Your Child for Starting School?

If your child is aged 3 or 4, we'd love to hear from you.

Starting school is an exciting milestone for children and their families. Every child develops at their own pace, and there are lots of simple things that can help children feel confident and ready for their first day.

We want to understand what parents and carers already know about preparing their child for school, what information they've found helpful, and where they would like more support. Your feedback will help us develop future advice, resources and workshops that meet the needs of families across Central Bedfordshire.

The survey takes just a few minutes to complete. Complete the school readiness survey

[Take Part Here](#)

The survey closes on Monday 14 September.

Reception parents - Children just started at school

How could we have helped you prepare your child for starting school? Has your child just started in reception? If so, we'd love to hear from you.

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We want to understand what parents and carers already know about preparing their child for school, what information they've found helpful, and where they would have liked more support. Your feedback will help us develop future advice, resources and workshops that meet the needs of families across Central Bedfordshire.

The survey takes just a few minutes to complete.

[Take part here.](#)

The survey closes on Monday 14 September

PEDAL MORE



POLLUTE LESS

Take a step (or pedal) in the right direction and join Cycle to School Week, 05–09 October 2026!

More cycles means fewer cars. Which means cleaner air, less traffic, and a happier town.

cycletoschoolweek.co.uk

Supported by



Our online workshops are designed as a starting point for families with children who have low level difficulties. These are one-off 2-hour sessions conducted virtually via Microsoft teams. Please note these workshops do not support moderate/severe difficulties and will not address risky behaviours (self-harm, suicidal ideations).

ANXIETY WORKSHOPS	
11+ ANXIETY 10/9/26 @ 4PM - 6PM <i>(For young people aged 11+, parents also welcome to attend)</i> This single psychoeducation session explores emotional development in children, emotional regulation, and focuses on anxiety and anxiety management strategies.	PARENT ANXIETY 21/9/26 @ 9:30AM - 11:30AM <i>(For parents of young people aged 5 - 11 years old)</i> One-off workshop exploring emotional development in children, emotional regulation, psychoeducation around anxiety and anxiety management strategies.
SLEEP WORKSHOPS	
UNDER 12'S SLEEP 11/9/26 @ 9:30AM - 11:30AM <i>(For parents of young people aged 4 - 12 years old)</i> One-off workshop which focuses on why sleep is important, what is 'good' sleep, possible causes of sleep difficulties and learning strategies to overcome sleep problems.	OVER 12'S SLEEP 16/10/26 @ 3PM - 5PM <i>(For young people aged 13+, parents also welcome to attend)</i> One-off workshop which explores why sleep is important, what is 'good' sleep, sleep hygiene tips and strategies for managing worries at night.
RESILIENCY WORKSHOP 6/10/26 @ 9:30AM - 11:30AM <i>(For parents of young people aged 5 - 11 years old)</i> This single session explores relevant child development including and provides psychoeducation on mental health vs mental health problems, emotional regulation, anxiety and low mood. You will leave with a greater understanding of your child's needs and armed with strategies to build their resilience.	EXAM STRESS WORKSHOP 22/10/26 @ 4PM - 6PM <i>(For young people aged 12+ and parents)</i> One off workshop which equips teenagers with an understanding of exam stress, strategies for managing exam stress, revision tips and self-care. The workshop also offers parental tips for supporting their adolescent's exam stress.
BEHAVIOUR WORKSHOP 9/11/26 @ 9:30AM - 11:30AM <i>(For parents of young people aged 5-11 years old)</i> A one-off workshop that covers the following topics: Emotional development in children, emotional regulation, common behaviour difficulties and strategies to promote positive behaviours.	
SELF-ESTEEM WORKSHOPS	
TEENAGE SELF-ESTEEM 26/11/26 @ 4PM - 6PM <i>(For young people aged 13+, parents also welcome to attend)</i> One off workshop which equips teenagers with an understanding of self-esteem and tools to build confidence through thought challenging, relaxation and activities to celebrate strengths and successes. Workshop also offers parental tips for building self-esteem in adolescence.	PARENT SELF-ESTEEM 9/12/26 @ 9:30AM - 11:30AM 15/1/27 @ 9:30AM - 11:30AM <i>(For parents of young people aged 5 - 12 years old)</i> One off workshop which equips parents with an understanding of self-esteem and ways to promote high self-esteem through parenting style and collaborative activities to try at home with their young person.

Greenleas PTA

HALLOWEEN SCHOOL DISCO

Friday 16th October

★ Kestrel Way site only ★

Years R, 1 & 2 4.15pm - 5.15pm	Years 3 & 4 5.30pm - 6.30pm
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£6.50
To be paid on Arbor by Friday 9th October

Snacks, drinks and a treat to take home included!

Fancy dress, glitter, or casual (no masks or props allowed)

LET'S DANCE!

Disco can be loud, children are welcome to bring ear defenders to help them adjust