



Newsletter

11th September 2026



Dear Parents and Carers of Greenleas School,
It's been a busy first full week back at school, and I've been delighted to see so many children wearing the new option of a bottle green polo shirt – they look very smart. (So do the white ones of course!) Thank you to the parents and the parent forum for this suggestion.

I would like to remind you about our “Starting the New School Year” sessions on Wednesday 16th September at 3.45pm and 6pm. This is an opportunity for parents to meet the class teacher, and learn new information about how to support their child as they move into their new year group, or start school for the first time. This is not a drop-in session, so please be punctual. Please let the class teacher know which session you plan to attend by filling in the form on Google Classroom. Sessions with low numbers may be consolidated or cancelled to make best use of time. Any children who come along will need to be supervised.

Greenleas was chosen by our Member of Parliament for a school visit this week at Derwent Road, which was very exciting. Alex Meyer had a Q&A session with the school council, went on a tour of the school hosted by our very capable Year 4 children, and also visited our inclusion base. She was particularly interested in how we support our families with the cost of living, such as through our gently loved school uniform rail and the work of our Junior Road Safety Officers. She hopes to visit our Kestrel Way site soon.

With best wishes for the weekend.

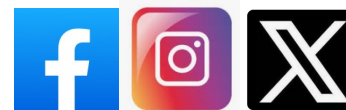
Rebecca Clarke,
Head Teacher

**Greenleas' Value of the
Month for September is...**

Respect

Respect is thinking about yourself and others in a positive way. Respect is thinking and acting in a way that shows others you care about their feelings.

To help deepen our children's understanding of our value of Respect this month, here are some questions you could discuss with your child at home: How can we show respect to others? To ourselves? To property?



Safeguarding Matters



If you wish to report any safeguarding concerns, please contact the below staff members in the first instance:



Designated Safeguarding Lead:
Rebecca Clarke
Kestrel/Derwent



Derwent Road:
Sarah Horne



Derwent Road:
Bindia Sexton



Derwent Road/Kestrel Way:
Alexia Cook



Kestrel Way:
Amanada Wallace



Dorothy Smith
Safeguarding Governor

Transfer to Starting School 2027

Central Bedfordshire



Beaudesert Lower School, Lewis Turner, AGE 8

Was your child born between 1 September 2022 and 31 August 2023?

They will start school in September 2027, so you need to apply for a school place by 15 January 2027.

Apply online at www.centralbedfordshire.gov.uk/admissions

You can also complete a paper application form by downloading it from our website or by contacting School Admissions @ admissions@centralbedfordshire.gov.uk 0300 300 8000

A great place to live and work.

Transfer to Junior/Middle 2027

Central Bedfordshire



Southcott Lower School, Harvey Turnbull, AGE 9

Is your child due to start Junior/Middle School in September 2027?

Then you need to apply for a school place by 15 January 2027.

Apply online at www.centralbedfordshire.gov.uk/admissions

You can also complete a paper application form by downloading it from our website or by contacting School Admissions @ admissions@centralbedfordshire.gov.uk 0300 300 8000

A great place to live and work.

Central Bedfordshire Community Access Service

Upcoming Events

Online Workshops for Parents & Caregivers
Click on each to sign up or scan the QR code!

OCTOBER

8

Promoting Positive Body Image for Young People (11 Years +)

4-5 PM



NOVEMBER

24

Managing "Big Feelings" (5-11 years)

12-1 PM



DECEMBER

3

Supporting Mental Health and Wellbeing in Children and Young People

12-1 PM



DECEMBER

7

Managing your Child's Overwhelm during the Holidays

4-5 PM



We care
We respect
We are inclusive

NHS
East London
NHS Foundation Trust

NOT MY CHILD

A PARENT'S GUIDE TO:
* EXPLOITATION
* KNIFE CRIME
* COUNTY LINES

6:00PM - 9:00PM
THURS 24 SEPT 2026
QUEENSBURY SCHOOL
DUNSTABLE · LU6 3BU

BOOK YOUR TICKET



Central Bedfordshire



BEDFORDSHIRE
VIOLENCE &
EXPLOITATION
PREVENTION
PARTNERSHIP



How Can We Help You Prepare Your Child for Starting School?

If your child is aged 3 or 4, we'd love to hear from you.

Starting school is an exciting milestone for children and their families. Every child develops at their own pace, and there are lots of simple things that can help children feel confident and ready for their first day.

We want to understand what parents and carers already know about preparing their child for school, what information they've found helpful, and where they would like more support. Your feedback will help us develop future advice, resources and workshops that meet the needs of families across Central Bedfordshire.

The survey takes just a few minutes to complete. Complete the school readiness survey

[Take Part Here](#)

The survey closes on Monday 14 September.

Reception parents - Children just started at school

How could we have helped you prepare your child for starting school? Has your child just started in reception? If so, we'd love to hear from you.

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PEDAL MORE



POLLUTE LESS

Take a step (or pedal) in the right direction and join Cycle to School Week, 05–09 October 2026!

More cycles means fewer cars.
Which means cleaner air, less traffic, and a happier town.
cycletoschoolweek.co.uk

Supported by



CHUMS YOUNG PEOPLE & PARENT/CARER WORKSHOPS

Our online workshops are designed as a starting point for families with children who have low level difficulties. These are one-off 2-hour sessions conducted virtually via Microsoft teams.

Please note these workshops do not support moderate/severe difficulties and will not address risky behaviours (self-harm, suicidal ideations).

ANXIETY WORKSHOPS

11+ ANXIETY

10/9/26 @ 4PM - 6PM
(For young people aged 11+, parents also welcome to attend)

This single psychoeducation session explores emotional development in children, emotional regulation, and focuses on anxiety and anxiety management strategies.

PARENT ANXIETY

21/9/26 @ 9:30AM - 11:30AM
(For parents of young people aged 5 - 11 years old)

One-off workshop exploring emotional development in children, emotional regulation, psychoeducation around anxiety and anxiety management strategies.

SLEEP WORKSHOPS

UNDER 12'S SLEEP

11/9/26 @ 9:30AM - 11:30AM
(For parents of young people aged 4 - 12 years old)

One-off workshop which focuses on why sleep is important, what is 'good' sleep, possible causes of sleep difficulties and learning strategies to overcome sleep problems.

OVER 12'S SLEEP

16/10/26 @ 3PM - 5PM
(For young people aged 13+, parents also welcome to attend)

One-off workshop which explores why sleep is important, what is 'good' sleep, sleep hygiene tips and strategies for managing worries at night.

RESILIENCY WORKSHOP

6/10/26 @ 9:30AM - 11:30AM
(For parents of young people aged 5 - 11 years old)

This single session explores relevant child development including and provides psychoeducation on mental health vs mental health problems, emotional regulation, anxiety and low mood. You will leave with a greater understanding of your child's needs and armed with strategies to build their resilience.

EXAM STRESS WORKSHOP

22/10/26 @ 4PM - 6PM
(For young people aged 12+ and parents)

One off workshop which equips teenagers with an understanding of exam stress, strategies for managing exam stress, revision tips and self-care. The workshop also offers parental tips for supporting their adolescent's exam stress.

BEHAVIOUR WORKSHOP

9/11/26 @ 9:30AM - 11:30AM

(For parents of young people aged 5-11 years old)

A one-off workshop that covers the following topics: Emotional development in children, emotional regulation, common behaviour difficulties and strategies to promote positive behaviours.

SELF-ESTEEM WORKSHOPS

TEENAGE SELF-ESTEEM

26/11/26 @ 4PM - 6PM
(For young people aged 13+, parents also welcome to attend)

One off workshop which equips teenagers with an understanding of self-esteem and tools to build confidence through thought challenging, relaxation and activities to celebrate strengths and successes. Workshop also offers parental tips for building self-esteem in adolescence.

PARENT SELF-ESTEEM

9/12/26 @ 9:30AM - 11:30AM
15/1/27 @ 9:30AM - 11:30AM
(For parents of young people aged 5 - 11 years old)

One off workshop which equips parents with an understanding of self-esteem and ways to promote high self-esteem through parenting style and collaborative activities to try at home with their young person.